

The Hook



Lower Umpqua Flycasters
Member, Federation of Fly Fishers

OCTOBER 2008

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Inside this issue:

Upcoming Outing Schedule	2
Membership News	3
Dues/ application Form	3
Club Officers	3
Sponsors	4

Meeting times

- General Club meetings held at Reedsport High School at 7:00 p.m. the 3rd Wednesday of each month.
- Executive Board meets on the 4th Wednesday of each month at 6:30 p.m. at the Osprey Resort in Lakeside if there are items to discuss. Check with a Board Member before showing up.



Next Meeting

Oct 15, 2008, 7: 00 p.m.
Reedsport High School

PROGRAM: Cam Perry will talk about stream enhancement for the re-establishment of chum salmon.

MESSAGE FROM THE VICE-PRESIDENT

It is coming to that time of year when the club as a group has to start thinking about the slate of officers for next year. We are a relatively small fly fishing club with an even smaller group of people that volunteers for office.

The positions we need filled are President, Vice-President, Secretary and Treasurer plus several committee positions. It would be great if new members of the club would step up to serve. I can say with experience of previous clubs as well as this one that it is an excellent way to get involved with club activities. If you would consider serving in any capacity, please contact one of the current officers.

Cliff Newton



Presentations for Lakes

by Scott Richmond

(Read the full article at http://www.westfly.com/feature-article/0008/feature_235.php)

One factor is common to all the presentations described here: keep the slack out of your line. If you don't, you'll miss many fish because the take in a lake is often subtle. If you have slack line, a big trout could inhale your fly, decide it's a fake, and spit it out--and you won't have a clue it happened. To keep the slack out, place your rod close to the water, maybe even in it.

Count-Down-and-Retrieve

This is the most commonly used presentation on lakes. Depth and retrieve are the two most important factors in this presentation. They are even more crucial than your choice of a fly.

To achieve the correct depth, use a sink-tip line or a full-sinking line. Cast the fly, then count until the fly reaches the proper depth, then begin your retrieve in one of the ways described below.

What should you count to? Count to whatever depth you catch fish at. If you start hooking bottom or picking up weeds, your fly has dropped too far and you should count down a little less. Vary the depth until you find what works. Note: you will rarely find feeding fish more than eight feet below the surface.

Being able to count in a consistent way is important. Most people count slowly when nothing is happening and they're bored. Then they pick up the pace when the sight of a big fish gets them excited. A "ten second" count might take 20 seconds when they're bored, and five seconds when they're excited. Wear a waterproof watch and keep in mind that your sinking line will continue to sink: if your retrieve is slow, the line may sink beyond the depth where fish are actively feeding. There is a balance between the sink-

(Continued on Page 2)

Day	Date	Location	Upcoming Outing schedule
Sun	26-Oct	Lower Empire Lake	Scheduled to plant 2000 of the 2 lb.+ "Trophy Trout" Let's go get 'em. Plan to bring your lunch and have a great day.
Tues	4-Nov	Rock Fish at Charleston	The tides are so great on this day we just had to plan a trip going after the Rock Fish again. Meet at 8:00 am at Charleston Harbor boat ramp. Make your own arrangements for a boat and fishing partner.
Sat	8-Nov	Power Pond	This is the last outing of the year. They are scheduled to plant 1500 2 lb.+ "Trophy Trout". Meeting at 9:00 am and have a Pot Luck Lunch at 12:00 noon.
<p>For more details call Robert O'Bryan 541-759-2526</p> <p>Our complete outing schedule can be seen on the web at www.lufc.us</p>			



(Continued from Page 1)

rate of the line and the speed of the retrieve.

The speed and method of retrieving is the other crucial factor in this presentation. Generally, the retrieve should match the movements of the natural food you are imitating. While these food forms can move in ways other than what is described here --and while there's no denying that unnatural retrieves can catch fish, too--these retrieves are good starting points.

1. *Damselflies*. Move about 18 inches of line in about three seconds, then pause about three seconds before doing it again.
2. *Dragonflies*. Strip-in 2-6 inches of line in one second, then pause briefly before doing it again.
3. *Leeches*. Strip-in 24 inches of line in about two seconds, then pause about two seconds before the next strip. When pursued, leeches can move much faster, so sometimes a quick retrieve of a leech pattern will make a trout think the leech is being chased and he'd better munch it before another trout gets it. Trout think like this. They're very greedy and self-centered.
4. *Scuds*. Short, slow, erratic strips.

Other retrieves are:

- *Slow retrieve*. A very slow retrieve of a nymph or pupa just under the surface can be very effective. Sometimes it imitates the behavior of emerging insects, while at other times it may just focus a trout's attention on your fly. Use a floating or intermediate line, and an unweighted or lightly-weighted fly. Make sure the fly pierces the surface film. Retrieve very slowly--about an inch or two of line each second. I have a rule about slow retrieves: if it isn't driving you nuts, it's too fast. Slow retrieves of midge pupae and Callibaetis nymphs such as the Flashback Callibaetis can be deadly in lakes. It can also work wonders when fishing leeches, Woolly Buggers, and damselfly nymphs. During slow retrieves, most strikes will be subtle and will feel like a slight hesitation or stickiness. If you feel this, tighten up slightly by pulling line in with your free hand; don't strike hard by raising the rod! The reason for striking subtly is that the hesitation may not have been a fish, and if you strike too hard you will rip the line through the water and probably spook whatever trout may be around.

- *Pull, then pause*. With most small nymphs, a four-inch pull followed by a short pause works well. With larger flies, use a longer pull--up to 24 inches--followed by a pause.

- *Short and rapid*. Staccato two-inch pulls with a barely perceptible pause between each pull can be very effective with streamer patterns such as Woolly Buggers.

- *Hand twist*. The goal is a slow, steady motion of the fly. You pull line slowly while twisting your hand first one way, then the other. Don't let the line wrap around your hand; when a big fish grabs your fly, the line needs to be free of restrictions.

- *Fast*. Sometimes a super fast retrieve is the only thing that will induce a strike. I've gone so far as to clench the rod to my body with my left arm and use both hands--alternately--to strip line as fast as I can make my hands move.

The lift-and-settle presentation is useful for imitating the pre-hatch behavior of some insects such as Hexagenia and Callibaetis nymphs.

Cast a sinking fly on a floating line and let it settle to the desired depth. An indicator is optional, but sometimes very useful. Slowly retrieve enough line to bring the fly up a few feet. If there is no take, let it sink again and repeat.

That's it. Very simple. And sometimes very deadly.

Membership News

Patti still wants to know if you don't have a member's name badge or have lost it. Please contact Patti at pattijo55@earthlink.net or by phone at (541) 572-2619.

If any member of the club writes an article for the newsletter of 500 words or more, they will receive 6 free raffle tickets at the next membership meeting they attend after the article is published. The article can be about anything that would interest Fly Fishers, but needs to be original (not copied from another source). Send your article to Vicky at svnewton@gmail.com for publication.

The Pacific Northwest Fly Tyers Rendezvous will be held at Mt Hood Community College on Sat Nov 1. For more details go to www.lufc.us and scroll down.

Membership Draw Winner

There was no draw for the \$25 cash prize at last month's Membership Meeting (held at Eel Lake). To qualify for the draw, all you have to do is be a paid-up member of LUFC, be present at the members' meeting and wait for the draw. Maybe next time you'll be the lucky winner.



CLUB OFFICERS

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Woolly Bugger

HOOK: 5263, sizes 2-10

THREAD: To match body

TAIL: Marabou that matches body. Add 3-5 strands of Krystal Flash.

RIB: Gold, silver, or copper wire

BODY: Chenille or chenille plus rabbit

HACKLE: Palmered black saddle hackle, or color to match body

Uses

Woolly Buggers suggest lots of different trout food: dragonfly nymphs, damselfly nymphs, leeches, baitfish, or just something that might be alive and edible. If you fish lakes, you should have lots of these in your box, with a mix of colors and sizes. They can also be effective in rivers.

Variations

Good body colors include black, green-olive, yellow-olive, brown, maroon, purple, and white. A beadhead can be added, or weight under the body. In lakes where trout grow large and feed on other fish, try putting a strip of flashabou down each side. Another variation is the Krystal Bugger, which uses a body of black Krystal Chenille

How to Fish

Count-down-and-retrieve or slow retrieve. Vary the retrieve until you find what works best at the moment: slow and steady, fast, strip-and-pause, or quick, short two-inch strips. Also, wind-drifting works well in lakes. Fish at all depths until you find the right one, but most of the time you should be fishing somewhere between two to six feet deep.



MEMBERSHIP DUES - please specify if 2008 or 2009

Annual Dues are \$20.00 within 50 Miles of Reedsport; \$10.00 if more than 50 miles

PLEASE COMPLETE THE FOLLOWING INFO & RETURN ASAP—We need to update our roster so please send info with your dues

NAME(S) _____ H-PHONE _____ W-PHONE _____

ADDRESS _____ CITY _____ ST _____ ZIP _____

EMAIL ADDRESS _____

I WOULD LIKE TO RECEIVE THE HOOK BY ..EMAIL or Regular mail (please check one box)

*****PLEASE TEAR OFF THIS SECTION & MAIL WITH YOUR DUES TO: LUFC; P.O.BOX 521, REEDSPORT 97467*****

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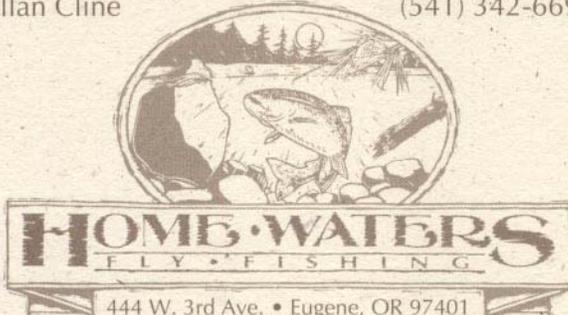
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